

BAAPS Annual International Conference

Thursday 4th October

BODY CONTOURING

[Chair: Steve Hamilton]

8:30-8:40	Introduction by Simon Withey	
8.40-8.50	The 10 Commandments of Body Contouring Surgery	Jean-Francois Pascal (SOFCEP)
8.50-9.00	Implications of approaches to bariatric surgery	Chris Pring

Abdominoplasty & Umbilicus

9.00-9.15	New concepts in lipoabdominoplasty & Omphaloplasty	Oswaldo Saldanha
9.15-9.25	Abdominoplasty: to drain or not to drain	Awf Quaba
9.25-9.35	Avoiding the vertical scar: Fleur de lis vs Extended abdominoplasty	Awf Quaba
9.35-9.50	Mummy Makeovers	Gary Ross
9.50-10.00	BRA – Breast reconstruction Abdominoplasty	Oswaldo Saldanha
10.00-10.10	Cellfina cellulite dimples treatment – the untapped market and opportunity	Nick Rhodes
10.10-10.40	COFFEE BREAK	

Body contouring

[Chair: Marc Pacifico]

10.40-12.00 **Body contouring jousting** (battle formats) & **Q&A from the floor**
All faculty (Jean-Francois Pascal/Oswaldo Saldanha/Awf Quaba/Gary Ross/David Ross)

- Why I stop my brachioplasties in the axilla vs. Why I continue my brachioplasties beyond the axilla
- Why I prefer a horizontal thigh lift vs. why I prefer a vertical thigh lift
- Why I use drains in Abdominoplasty vs. why I don't use drains in Abdominoplasty
- Why I use quilting sutures in Abdominoplasty vs. why I don't use quilting sutures in Abdominoplasty
- Why I discharge my Abdominoplasty patients early (1-2 days) vs. Why I don't discharge my Abdominoplasty patients early (3+ days)
- Why I prefer a low Abdominoplasty scar even if it means adding a small vertical component vs. why I prefer a high Abdominoplasty scar
- Liposuction and abdominoplasty – how much, where, at what stage of the surgery
- When do you use pharmacological venous prophylaxis?
- When to use pressure garments and for how long?
- Do you stage procedures and what combinations do you prefer during one stage procedures?

12.00-13.30 **LUNCH**

Lower body, Arms and thighs

[Chair: Nora Nugent]

13.30-13:45	Vertical lateral body lift	Jean-Francois Pascal (SOFCEP)
13.45-14.00	Lower body lift and fleur de Lis abdominoplasty	Gary Ross
14.00-14.20	How I do my thigh lifts – video or photo sequence & Questions	Jean-Francois Pascal & Awf Quaba
14:20 - 14:30	Upper Body Lift	Jean-Francois Pascal
14.30-14.45	Brachioplasty and lateral thoracic lifting	Jean-Francois Pascal

14.45-14.55 Cellfina Breakthrough treatment for cellulite dimples demonstration **Nick Rhodes**

14.55-15.25 **COFFEE BREAK**

Refinements in Body contouring

[Chair: **Mike Tyler**]

15.25-15.35 The techniques to achieve an ideal mons pubis **Jean-Francois Pascal**

15.35-16:00 My top 3 body contouring tips in 5-minutes & Questions
All faculty (**Jean-Francois Pascal/Gary Ross/Osvaldo Saldanha**)

16.00-16.10 The Oncoplastic Training Simulator - Bridging Gaps in current Training **Lopa Patel**

16.10-16.20 Plastic Surgery Safety Score **Oswaldo Saldanha**

16.20-16.40 Your Patients Have Uber Expectations: How To Meet Them **Tom Seery**

16.40-16.55 **BAAPS Support Talk** - VAT and plastic surgery; a European case **Veronica Donnelly**

Day 1 Closed

17.10-17:45 BAAPS Member Annual General Meeting

19:30 BAAPS Conference Dinner - Syon House

- Coaches to Syon House from Kensington Olympia at 18:45

Friday 5th October

FACIAL REJUVENATION

Introduction and neck rejuvenation

[Chair: **Charles Ndukai**]

09.00-09.15 Appraisal of patients for facial rejuvenation **Awf Quaba**

09.15-09.25 Facial contouring with implants **James McDiarmid**

09.25-09.35 Nerve injury in neck rejuvenating surgery - how to stay away from it **Mario Pelle-Ceravolo**

09.35-09.45 Neck lift and the submental area - back to anatomy **Daniel Labbé**

09.45-9.50 Complete platysma transections in neck rejuvenation - a critical approach **Mario Pelle-Ceravolo**

9.55-10.05 Treatment of anterior neck ageing without a submental approach **Mario Pelle-Ceravolo**

10.05-10.15 Approaching the heavy and post-weight loss neck **Daniel Labbé**

10.15-10.45 **COFFEE BREAK**

Non-surgical & live injecting

[Chair: **Ash Mosahebi & Marc Pacifico**]

10.45-10.55 Lip anatomy for injectables **Ali Pirayesh**

10.55-11.05 SILC - balancing surgery, injectables and lasers **Ali Pirayesh**

11.05-11.15 IMCAS Alert Surgery, a new approach in an app format **Michel Rouif**

11.15-11.25 Injectable and Threads complications, What we learn from the IMCAS Alert **Jonathan Fernandez**

Live injection session

11.30-12.05 Advanced injection techniques in the male face **Tapan Patel**

12.05-12.35 Advanced injection techniques in the female face **Raj Acquilla**

12.40 - 14.10 **LUNCH BREAK**

Practice management & Hackett Prize

[Chair: Douglas McGeorge]

14.10-14.20 Hackett Memorial Prize Presentation

Prize Winner

14.20-14.30 My personal approach to ethical clinic success

James McDiarmid

Face/neck lifting

[Chair: Douglas McGeorge]

14.35-15.05 Face/neck lifting jousting (battle formats) & Q&A from the floor

All faculty (Awf Quaba/Mario Pelle-Ceravolo/Daniel Labbé/Ali Pirayesh/James McDiarmid)

- Why I prefer a lateral approach to the neck vs. an anterior approach
- Preferred SMAS technique – Plication vs SMASectomy vs. flaps vs. MACS
- Preferred approach to the brow – direct vs. endoscopically
- Why I frequently fat graft the face vs. why I don't often fat graft the face
- Preferred scar approach to face/neck lift and why
- Tips for addressing the heavy neck and the weight loss patient

15.05-15.30 Invited case analysis by faculty

3-4 face/neck cases to be presented and commented on with the faculty member's preferred approach

All faculty (Awf Quaba/Mario Pelle-Ceravolo/Daniel Labbé/Ali Pirayesh/James McDiarmid)

15.30-15.50 COFFEE BREAK

Refinements in facial rejuvenation

[Chair: Paul Harris]

15.50-16.00 Optimising facelift surgery with injectables

Ali Pirayesh

16.00-16.10 Facelifting strategies after permanent filler sequelae: a review of 120 patients

Ali Pirayesh

16.10-16.20 TBS – the easiest way to shape the brows

Mario Pelle-Ceravolo

16.20-16.30 My personal approach to the brow

Awf Quaba

16.30-17.00 My worst facelift complication and how I handled it 5-minute presentations each

All faculty (Awf Quaba/Mario Pelle-Ceravolo/Daniel Labbé/Ali Pirayesh/James McDiarmid)

17:00 END OF MEETING

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BAAPS 

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